

Left and upper photos by Amber Del Rio, bottom courtesy of Cristina Mendez

Family and friends held a memorial for Daniel Fulmer March 13, complete with pictures, flowers, and candles (left). Seniors Meghan Putnam and Jessica Reed (top right) take part in the roadside memorial for Fulmer. Daniel Fulmer pictured as a senior (bottom right).

## Gone, but not forgotten

By Amber Del Rio  
Reporter

Just three months shy of graduation, family and friends gathered to say goodbye to senior Daniel Fulmer at Williams-Woodward Funeral Home on March 16.

Fulmer, 18, was pronounced dead on March 12 at 7:50 p.m. after colliding with a SUV at the intersection of Gates Street and Augusta Avenue at 6:45 p.m. According to a spokesman of the DuPage County Coroner's Office, Fulmer died of injuries to the head and chest.

Students who were close to Fulmer organized a memorial at the sight of the accident

through Facebook on March 13. Friends and family gathered in a circle around the vigil with candles that lit up the night sky.

Senior Cristina Mendez helped organize the memorial just outside her house and passed out candles.

"I met [Daniel] in preschool and because he lived down the street, we went to school together and became good friends when we were little," Mendez said. "I wanted to pay respect to my childhood friend."

On March 14, students wore black and filled senior hall between ninth and tenth hours for a moment of silence.

The hall fell silent during

the passing period as students drew together for comfort and remembered a friend. Two students held up signs for Fulmer as friends lined up to write parting messages on the posters.

"My favorite memory with Fulmer was all the video clips we filmed with Andy [Scardamaglia] and just hanging out with him because it would always be a good time, always laughing and making jokes," senior Andres Perez said.

Senior Daniel Salgado was close friends with Fulmer.

"[Daniel's death] was unreal. It felt like a nightmare. I was waiting for my phone to go off so I could wake up," Salgado said.

According to West Chicago Police, Fulmer's car struck the side of the SUV causing it to roll on its side after driving through a stop sign at a high rate of speed. The three people in the SUV were injured and taken to Delnor Hospital in Geneva. The passenger of Fulmer's car was also hospitalized.

The wake for Fulmer was held on March 16 at Williams-Woodward Funeral Home. The funeral was on Thursday at St. Mary's Catholic Parish.

Fulmer attended Southeast Academy, an alternative program.

Fulmer leaves behind 2010 graduate, brother Uriel, parents, and family and friends.

## Swept away

By Alexis Hosticka  
News Editor

After sweeping the state competition by winning the first four consecutive rounds, a team of five seniors will head to California for the national LifeSmarts competition.

"We were sort of expecting to win because we were doing better [than the other West Chicago team] in practice," senior Colton Reif said.

The state competition was originally planned to have three teams; however, the Naperville North team dropped out, leaving two teams from the school to battle it out.

LifeSmarts is a trivia competition in which students answer questions about personal finance, the environment, technology, health and safety, and consumer rights and responsibilities. During the matches, which took place in the auditorium on March 9, players buzzed in to answer questions of varying difficulty.

The winning team includes Reif, Luis Guzman, Jimmy Gelhaar, Matt Provenzale, and Jeff Foreman.

The team will travel to Hollywood from April 30 to May 3 to compete in the national competition.

"We're studying a lot—three times a week going through questions and stuff," Foreman said. "There are 33 teams going to nationals, so we'll have tough competition."

Adviser Nancy Blume's goal is to go to quarterfinals at nationals.

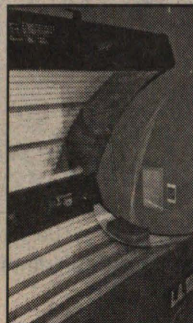
"LifeSmarts provides a lot of practice questions and we practice strategies and speed for manipulating the buzzers," Blume said. "Judges look for specific answers but the questions are very open-ended."

### INSIDE Hit the lights

Small steps such as turning off the lights in a classroom have saved the school more than expected in energy costs. For more green saving strategies--see **NEWS**, page 4.

### Defining beauty

Beauty is never skin deep. In different cultures, hair, body, and modesty can be considered beautiful. For the differences between what guys and girls think is beautiful--see **CENTER SPREAD**, pages 8-9.

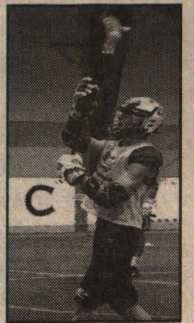


### Summer glow

Is using a tanning bed the best way to get color before summer arrives? Are there safer products that can give you a summer glow? For product comparisons--see **ENTERTAINMENT**, page 12.

### What is LAX?

The lacrosse team is little-known but is coming off success from last season. How is the game played? For season preview with details explained--see **SPORTS**, page 16.



# 'Chess' and 'Aida' hit the stage

## Play to be followed by rock and roll musical

By Kristina Manibo  
Reporter

After placing sixth of eight teams in the IHSA competition for a performance of "Chess" Saturday, thespians performed the play for the school Tuesday.

"['Chess'] is a political story between the U.S. and the U.S.S.R., during a competition of the world chess championship. Also, there's a romantic love story," play director Mark Begovich said.

"Chess" uses offstage focus, where the actors don't look at each other. They use group interpretation to interact with the audience.

Senior Nik Kmiecik played Anatoly, a Russian-born world chess champion.

Kmiecik won an honorable mention at the competition.

"At the end of the contest, there's a group that [the judges] select, which are a couple members from each school who they thought deserved an honorable mention," Kmiecik said.

The first time "Chess" was performed for a live audience was at the competition.

"As a whole, we had a lot of adrenaline going into the competition. We were excited to perform in front of an audience for the first time," senior Nadia Pelletier said. "We worked really well as an ensemble. It was definitely a challenge that we rose to."

"Chess" wasn't the only production students were working on; in May, students will put on the musical, "Aida."

"['Aida' is] a rock and roll styled musical that tells



Photo by Yasmyn McGee

Junior Ilse Briseno and sophomore Katie Sladek work on costumes for "Aida."

the [love story of a woman named Aida], who is captured and forced into slavery, set in Egypt," Begovich said. "She struggles between her sense of duty and following her heart."

The lead roles will be played by Kmiecik as the Nubian slave Mereb, Pelletier as

title character Aida, seniors Jeff Pierpoint as Radames, and Emma Roberts as the Princess Amneris.

"We're making great progress. A talented family is the best way to describe the cast," Roberts said.

Roberts hopes the audience will fully enjoy the beauty of

"Aida."

"There's a certain edge to it that you don't get to see in musical theater lately," Roberts said. "It's very fun, but it's also very moving. It kind of tugs at your heart strings."

"Aida" will be performed in the auditorium May 12-14 at 7:30 p.m.

## March Madness take over Record number of teams participate in the Wildcat Classic 3-on-3 competition

By Amber Del Rio  
Reporter

March Madness took over the gyms at the Wildcat Classic 3-on-3 tournament on March 12.

With a total of 47 teams signed up, coordinator Butch Hansen said he was very happy with the turnout this year compared to last year's 27 teams.

"It was a vast improvement over last year," Hansen said.

A record 13 teams from the school signed up, including 11 boys teams and two girls teams.

The Backstreet Ballers, consisting of seniors Brad Wilson, Jake Martin, Matt Zajac, and junior Derek Evans, won the 11th and 12th grade division for the boys.

"We were two time defending champs and we wanted to defend our title," Wilson said.

Team Chicago Jr. from Elgin won the 9th and 10th grade boys division.

Lightning, a team composed of players from the Lady Lightning program in Lombard, won the 9th and 10th grade girls division.

Due to lack of teams, there was no 11th and 12th grade girls division.

The winners of the Open Division and the \$400 cash prize were the Lefties, a team from Lincoln.

According to coordinator Wayne Sills, this year's success was a sharp rebound

from last year's event. Many members from the boys basketball team volunteered to help with scoring and court monitoring.

"For basketball fans, it was an opportunity to see some really good basketball players at all levels, it was great to see kids having fun," Sills said.



Photo by Amber Del Rio

Tyler Griffith 2010 graduate (right) goes against an unidentified player during the Open Division competition.

## What's Happening?

### Zombies and dark places

By Amber Del Rio  
Reporter

Students interested in learning about zombies can meet author Carrie Ryan on Friday to hear her talk about her book, "The Dark and Hollow Places."

"If you like zombie and horror stories or love stories, you'll like these books," LRC director Eric Bodwell said.

According to Bodwell, the stories take place in a near future where a virus has turned most of society into zombies and only small

groups of humans survive in fenced in areas.

"Flesh and brains will be eaten," Bodwell said.

Students interested can sign up on the LRC Web site and pick up a field trip form at the front desk of the library. Teachers are also encouraged to sign up their classes. Ryan will visit first and second periods.

Copies of Ryan's books are available for sale and checkout in the LRC.

Those who attend will have the opportunity to meet Ryan and have her sign their books.

### Under the sea

By Giuliana LaMantia  
Reporter

Students are diving into this year's Family Consumer Science (FCS) night with an under the sea theme, on April 7 in commons.

FCS night showcases all FCS classes, with a cake decorating contest for Foods 2 classes, a mock wedding for contemporary life, and a fashion show for Fashion 1 and 2.

Seniors Jessica Galvan and Jared Perez are playing the parts of the bride and groom.

"We're going to have a sketch about how we met," Galvan said. "It was in Hawaii on a beach [and he] gave me surf lessons."

Thirty-three Foods 2 classes' cakes will be raffled off, 50 cents per ticket. Foods 1 classes will provide cookies and punch, and preschool classes will present songs for child development classes.

All proceeds from the night go toward a scholarship fund for Skills USA.

Tickets are \$3 and go on sale in commons the week after spring break.

## Crafting coasters for funds

By **Giuliana LaMantia**  
Reporter

New student-made coasters are now on sale including standard sports designs.

Students in the transition program make the coasters.

Special education teacher Abby Lynch got the idea to make coasters from a friend who runs a transition program in another district.

"We were initially just go-

ing to do it for Christmas, but it was a success, so we decided to do it year-round," Lynch said.

Students work on the coasters one to two times a week.

Coaster making and selling is beneficial because it combines art and business skills.

"It helps support the program," Lynch said. "The money all goes back into buying supplies for coasters. Any other money goes towards

the students in the program."

Lynch hopes to continue year-round sales, and possibly expand.

"We're looking to sell through local businesses, but since it's still in the beginning stages, we're really just selling through here," Lynch said.

Coasters can be purchased in a set of four for \$10. Any students or staff members interested can stop by room 159 or contact Lynch.



Photo courtesy of Abby Lynch

**Paige Boudreau, a student from the transition program, paints a coaster for Valentine's Day.**

## Trip to the happiest place on earth

By **Helene Sankovitch**  
Entertainment Editor

After plenty of practice, fundraising, and a 21 hour bus ride, the band and orchestra arrived at Disney World in Florida.

"Spending an entire day in a bus was surprisingly enjoyable because I was with some of my best friends," senior Dani Keller said.

The band had an opportunity to parade through the Magic Kingdom, and the orchestra performed at a stage venue in downtown Disney during a trip that lasted from Feb. 23 to Feb. 27.

"We did really well [at the parade.] I felt it was our best marching performance ever," senior Matt Provenzale said.

The band and orchestra also attended a workshop



Photo courtesy of Disney World

**Seniors (clockwise from top left) Matt Provenzale, Anthony Nolazco, Joe Wais, and Jeff Pierpoint react to the drop on the roller coaster Splash Mountain.**

where they recorded music to go along with a Disney movie.

"[The workshop] gives [the students] an opportunity to see what it's like to work in

a recording studio," band and orchestra director Stephen Govertsen said.

Students also felt the workshop was a beneficial learning experience.

"The clinic was very helpful. We learned a lot and it helped us improve," Provenzale said.

When they weren't playing their instruments, the students explored the theme parks.

"We had a lot of free time. We park-hopped and swam at the hotel, too," sophomore Mitch Carnes said.

Students' only complaint was the trip went by too fast.

"I would have to say my favorite part was simply spending time with the people who, over the past four years, have become my second family," Keller said.

## Honoring cancer patients

By **Sarah Berger**  
Center Spread Editor

The American Cancer Society's Relay For Life is gearing up for a night of fundraising and fun overnight on May 21.

The event will take place at the high school on the football field, weather permitting. So far, 11 teams have signed up for the event.

"This year, I want to honor my friend's mom and my uncle. Being part of the committee for Relay For Life makes me feel like I've contributed more to society," senior and luminaria chair Maria Barajas said.

The Relay For Life is seeking individuals and teams of people to participate. Unlike the past, there is no limit to the number of members on a team. There is currently free youth registration, and for a limited time, free adult registration. People can register a team at [www.relayforlifewc.com](http://www.relayforlifewc.com).

Not only will teams be raising money by collecting donations, but also by selling luminaria for \$10. Money raised from the luminaria can count toward a team's or individual's fundraising.

"The money raised will not only be used for cancer research, but for helping people in our community. The money will provide free wigs and free rides to treatments for cancer patients," Janeen Barloga, American Cancer Society staff partner said.

Relay For Life is seeking planning committee members.

The next meeting for anyone interested in taking part in Relay For Life is Monday at 7:30 p.m. at Easton Park in West Chicago.

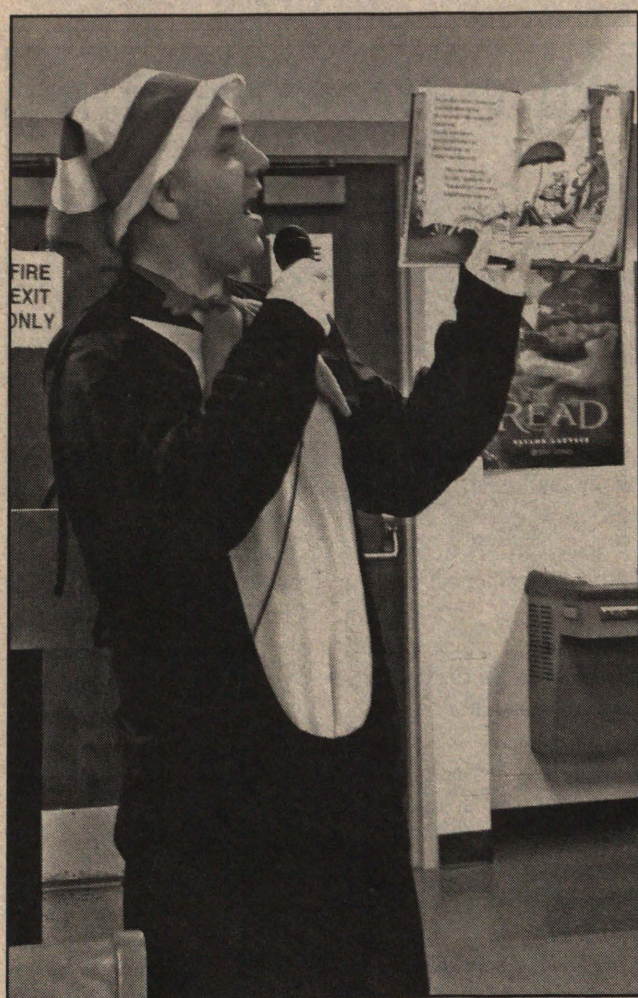


Photo by Connie Kim

**English and drama teacher Mark Begovich, dresses up as the Cat in the Hat and reads a Dr. Seuss book to students.**

## One book, two books

Students take part in day-long read to honor Dr. Seuss

By **Connie Kim**  
Reporter

As Dr. Seuss once wrote, "The more that you read, the more things you will know. The more that you learn, the more places you'll go."

Students and teachers took this into account to celebrate Read Across America for the fourth year in a row on March 2.

Almost 700 students participated in the event during their English periods.

"I've celebrated Read Across America for the past four years, but this was the first time I collaborated with the English department and it was a great success," librarian Donna Leahy said.

The event included a costume contest for dressing as literary characters, silent reading, a book swap, and

read alouds.

"Not as many students dressed up like I hoped they would but the ones that did were very creative," Leahy said.

Students got popcorn to eat before going into the silent reading.

"The library was packed with students yet it was so quiet you could hear a pin drop because everybody was reading; it was my dream come true," Leahy said.

In the last 15 minutes, all the students were gathered around a podium to listen to a read-aloud.

English and drama teacher Mark Begovich dressed up as Cat in the Hat to read.

Raffle tickets were given to all the students in every period, and students had a chance to win a \$10 gift card to Borders.

## Small steps pay off

### School's plan on going green results in thousands saved

By Megan Hernbroth  
Editor in Chief

Small steps such as turning off a monitor or shutting off the lights have proved profitable for the school, saving \$76,000 in gross savings since September, reducing energy costs by 19 percent.

"It's a little early to see how much net savings we will have at the end of the year,"

be no charge to the school, but we can still use support, and they will still visit, just not as often as now," Zabelin said. "We are striving to have an energy program that will be very sustainable in four years."

The largest savings were during winter break, with a 23 percent savings over previous years. Teachers were reminded to unplug and clean

tant. It is good for the environment, good for our world, and we are saving our district money."

Heating and cooling make up a large part of energy costs, so maintaining temperatures is a crucial role of Energy Education.

"[The thermostat] is programmed to be between 68 and 72 degrees in the winter," Zabelin said. "We want the building to be comfy when occupied and we want to be saving like crazy when unoccupied."

Standards for temperature will change again once the building begins using the air conditioning during the spring.

"The building should be between 72 and 78 degrees when we are cooling it," Zabelin said. "The standards officially change in May."

Other plans also include shutting the school down for spring break to achieve savings similar to those for winter break.

"A realistic goal for our net savings at the end of the year is between \$40,000 and \$50,000," Zabelin said. "Our school has previously spent over \$900,000 per year on utilities. Our goal is to reduce energy consumption by 20 percent. This would lead to a gross savings of around \$180,000 and a net savings of \$40,000 to \$50,000. It's the net savings that will help the budget."

*'A realistic goal for our net savings at the end of the year is between \$40,000 and \$50,000. Our school has previously spent over \$900,000 per year on utilities. Our goal is to reduce energy consumption by 20 percent.'*

— Energy Education Specialist Donald Zabelin

Energy Education Specialist Donald Zabelin said.

The school pays Energy Education to support the program, and has a four-year contract to stick with the energy program.

After four years, Energy Education, Inc., can continue to support the program without the price tag.

"After four years, there will

out refrigerators, turn off computers, DVD players, and TVs, and the thermostat was lowered to 60 degrees.

"We know it may have been a little inconvenient to clean out refrigerators, but it worked nicely," Zabelin said. "Of course, there is some feedback that a room was too cold, but everyone knows what we are doing is impor-



Photo by Liz Ramos

Before going to Northern Illinois University to play volleyball, senior Emily Paschke can add February Student of the Month to her list of accomplishments.

## Setting up success

By Liz Ramos  
Reporter

Student of the Month is based on a solid academic history, commitment in extra-curricular activities, and community involvement. Students must be nominated by at least one staff member, and the final selection is made by the student activities director and committee made up of additional staff members.

Emily Paschke signed with Northern Illinois University (NIU), a Division 1 college, to play volleyball and is now February Student of the Month.

**How do you feel about being chosen for Student of the Month?**

I was excited about being chosen because it's nice to have your hard work be recognized.

**What extra-curricular activities have you participated in?**

I played volleyball all four years. I'm in National Honor Society, InterAct Club, and I'm a student ambassador.

**Where do you plan on attending college?**

I'm going to NIU and playing volleyball there. I'm planning on studying accounting.

**Who influences you the most?**

My parents do because they're always supporting me and giving me helpful advice.

**What do you enjoy the most about high school?**

I like how there are many opportunities to get involved and different clubs and activities. It's a great way for students to meet new people and learn from different experiences.

## Going back to medieval times

By Carly Tubridy  
Sports Editor

Sophomore Western Civilization students laid siege on the small gym on March 7.

Students were offered extra credit for building their own trebuchets during the Middle Ages unit.

"A trebuchet is a medieval siege weapon that uses a counterweight to propel an object great distances," social studies teacher Nick Caltagirone said.

For six years, history students have been building trebuchets and competing to see who shot the farthest.

Ashley Alvarado won the competition, while Eric Dwyer and Sam Rylowicz won in their classes. This year the trebuchets were more creative than usual.

Nil Parikh built his trebuchet entirely out of Legos.

"I have a wall I also made of Legos, and I'm using it as a target for an extra half point," Parikh said.

Isabel Perez, Michelle

Gonzalez, and Daniella Garcia built their trebuchets together.

"We did it together so it was a lot of fun," Garcia said.

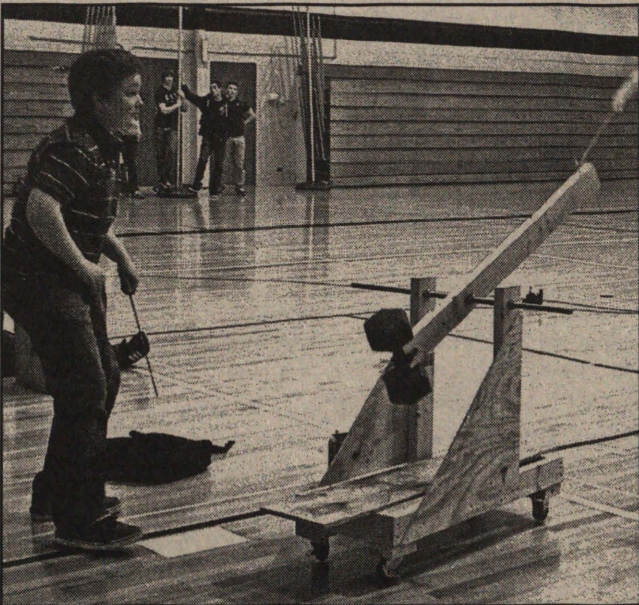


Photo by Carly Tubridy

Sophomore Zach Burghardt watches intently as his homemade trebuchet flings a ball across the small gym during the annual competition.

## All runs smoothly

### West Chicago Police Department bring dogs to practice lock down

By Connie Kim  
Reporter

Nine dogs searched the hallways for about 15 minutes as the school practiced a lock down on March 8 during third period.

The dogs came from neighboring police departments to train for detecting illegal substances, bombs, and weapons.

Assistant Principal Pete Martino was in charge of the lock down.

The lock down ensures that the school has its protocol in place in case of an emergency. As expected, the lock down was successful.

"We typically do not find much through all the years

I've done it," Martino said.

The West Chicago Police Department came to the school during the lock down and was satisfied with how it went.

"The school has a good relationship with the West Chicago Police Department, so the police like to come to the building and be up to date on what the school does," Martino said.

Practice lock downs also reassure the community that the school would be safe in times of danger.

"I know we have a good school, so I want the community to know we keep the school safe while having these practice lock downs," Martino said.

## The choice is yours

By Yasmyrn McGee  
Features Editor

An old, yet classic game will revisit the halls of the school.

"Rock, paper, scissors is going to be a school-wide contest that will be held the week after spring break," Student Council adviser Barbara Laimins said. "You're going to be able to go down to commons and buy three necklaces for a dollar. They're spirit necklaces in [the colors] blue, silver and white."

If a student or teacher is wearing a necklace, they can be challenged to an on-the-spot rock, paper, scissors game. The winner collects the other person's necklace.

"The object is to win a many necklaces as you can. The two people with the highest number of necklaces by the end of the week will compete in the final championship round at the spring sports assembly," Laimins said.

The winner of the final face-off will receive a new Dell computer.

However, Laimins is planning a secret twist for the ultimate round that is sure to shock students and staff.

# Shake, salsa, and shimmy

## Staff dances to raise money for after prom

By Kristina Manibo  
Reporter

Latin American dancing reeled in the cash to reduce after prom's All Night Long cost for students.

While the exact amount raised was not known at press time, enough money was raised to decrease the price of after prom tickets from \$75 to \$20.

Four couples danced in the Dancing With the West Chicago Stars competition, the annual after-prom fundraiser on Saturday at St. Andrew's Country Club.

"The All Night Long committee, which is made up of parent volunteers with student input, hosts the fundraiser to try to make money to subsidize the cost of the students' prom and after prom tickets," co-coordinator Sue Kotche said.

This year the committee is hoping to send the students by bus to the Odyssey cruise ship for the after prom. All junior and senior CHS students can purchase tickets for after prom, even if they do not attend the prom.

The couples randomly cho-

sen by the committee to compete against each other were language arts division head Chris Covino and his wife Blair; English teacher Nick Kempfski and his wife Katie; State Rep. Mike Fortner and his wife Becky Hall; and music teacher Stephen Govertsen and his wife Beth.

The theme of the fundraiser was based on the TV show, "Dancing With the Stars."

The couples worked with a choreographer at the Tango Argentina Club, and per-

formed a minute-long dance routine.

One vote cost \$1, and was paid on the night of the event or in advance on the school Web store. Govertsen, who won first place, danced to the merengue.

"I was not really used to dancing, let alone in front of a group that's supposed to be looking at me," Govertsen said. "[The most difficult part] was learning to move my hips."

The first place prize was a trophy and four tickets to brunch at the Odyssey cruise ship in Chicago.

Fortner, who danced the foxtrot and swing, found

scheduling practice difficult.

"I would say for us, it was difficult finding time because I'm a State Rep. so I have to be in Springfield most of the week," Fortner said.

Overall, Fortner's aim was to enjoy the event and raise money.

"I do feel we were well-prepared; we were just trying to have fun and raise money for All Night Long," Fortner said.

Covino enjoyed the event for many reasons.

"I got free dance lessons and a free date night with my wife once a week and it was all for a good cause," Covino said.

Prior to the competition, Kempfski struggled practicing the Argentinean tango on his dance with his wife.

"The most difficult thing [was] working with my wife so that we're on the same page as the dance," Kempfski said. "Besides the fact that I don't have any rhythm, my wife doesn't let me lead because she wants to be in charge."

Kempfski and his wife enjoyed it despite the challenges.

"My wife [was] mesmerized by my eyes because I look like Leonardo DiCaprio when I twirl her around on the dance floor," Kempfski said.

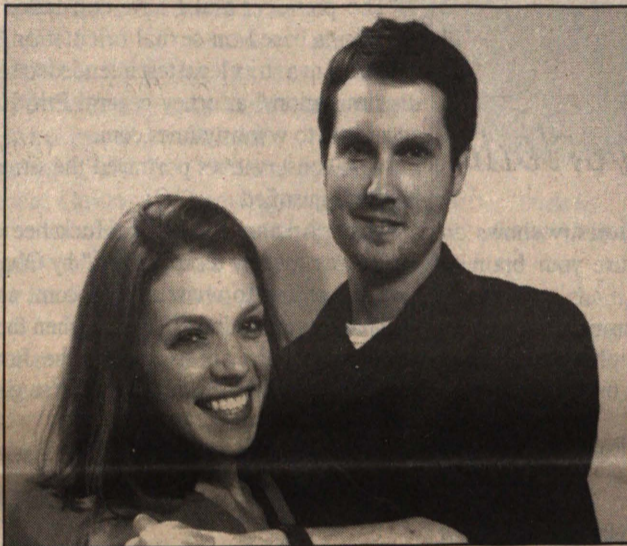


Photo courtesy of Sue Kotche

Band and orchestra teacher Stephen Govertsen and wife Beth won Dancing With the West Chicago Stars competition.

## Celebrate volunteerism

By Kristina Manibo  
Reporter

The 50th anniversary of the Peace Corps brought volunteer encouragement to students when art teacher David Exner, a former Peace Corps volunteer, shared his experiences with students.

Exner served in Montserrat, a British territory located in the Caribbean, from 1977 to 1980. Exner also discussed Montserrat's volcanic eruptions, the economy and living conditions.

While in Montserrat Exner taught at Salem Junior Secondary School for the first two years, and started the Handicrafts Co-operative his third year.

"There are a lot of possibilities after college and there are things you might do that have to do with serving your country. This is a way to serve the country in a non-military capacity," Exner told students March 14.

Exner encouraged the students to participate in

volunteering. "For people who don't join the Peace Corps, there are a lot of ways to volunteer. The big conversation basically

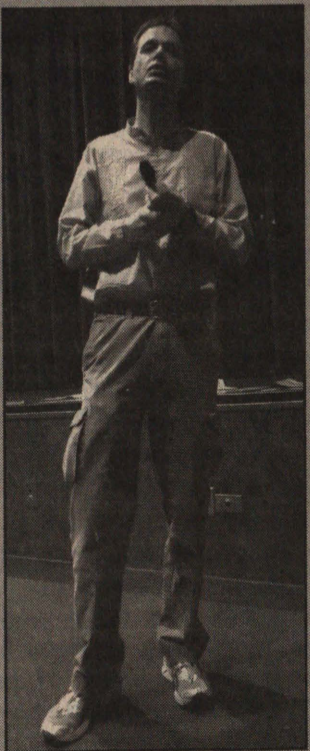


Photo by Kristina Manibo  
Art teacher and Peace Corps volunteer David Exner speaks about his experience with volunteerism.

revolves around service to others," Exner said. "You don't need to go overseas to experience the feeling of volunteering and connecting with other people."

Exner showed a picture of a man from Montserrat holding a wooden clock frame.

"We gave him a knife and some wood, and asked him to make something out of it. Two days later, he came back with [the frame]," Exner said. "It was really detailed and we were very impressed."

Another picture showed Soufriere Hill's volcanic ash that covered 20 feet after eruption, compared to the sizes of the houses.

"I'm about six feet, and the houses are around ten, so you can imagine how tall the ash was," Exner said.

Exner said he's not trying to recruit people for the Peace Corps, he was just "letting people know there are a lot of ways to volunteer whatever way you can."

## Reach for the sky

### Ultimate Alliance starts off season with tournament

By Giuliana LaMantia  
Reporter

raise \$1,500 to \$2,000.

The tournament is planned to be held on the football field and junior varsity baseball fields, so teams participating can walk past the Habitat houses being built.

Kost is planning on at least 10 teams competing, including Geneva, Lake Park, Naperville Central, and teams from Neuqua Valley Conference.

"Our goal is to win our own tournament, and we'll see if this club takes off or not," Kost said.

Ultimate Alliance and the tournament are open to all. Students can see Kost in room 321 or the English office for details.

"It's a great way to meet new kids, it's fun, it's exercise, it's something different," Kost said. "There's something for all levels."

The unofficial Ultimate Alliance, formed last year before school started at a staff softball game, still meets and is planning a tournament.

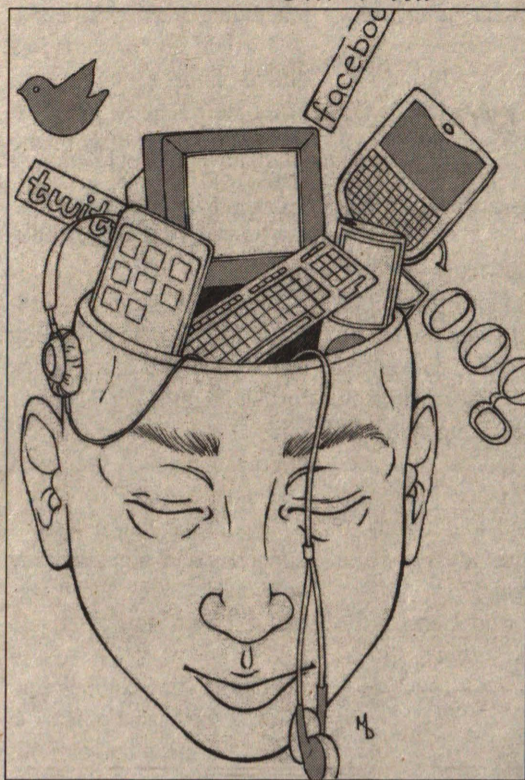
"When [the team] doesn't have something to do, we have a mock practice," club adviser Rich Kost said.

According to Kost, west suburban ultimate leagues take the game very seriously.

However, the school hasn't been able to start a team of their own because most of the students are in other sports in the spring, the ultimate season.

Although not an official club or team, Ultimate Alliance is hosting a tournament on April 17. All proceeds go directly to Habitat for Humanity. The team hopes to

*Our View*



## Technology overload

A recent study at Temple University shows an overload of information can cause your brain to make less sense.

With technology around students on a daily basis, it's hard to think of life without a phone buzzing in your pocket, talking about a show, or the picture you saw on Facebook.

It may not seem like texting all the time has an affect on your brain, but the average teen multi-tasks a lot.

According to the study, scientists experimented with various bidders buying landing plots at airports. The more information the bidders tried to juggle while making their decision the less sense it made.

Director of the Center of Neural Decision Making, Angelika Dimoka, measured the bidder's brain activity with a fMRI (functional magnetic resonance imaging). An increase in information caused the activity in the dorsolateral prefrontal cortex to rise. As more information entered the brain, the activity in the dorsolateral PFC broke off abruptly.

Once the bidders reached an overload of information their decisions stopped making sense. People need to find a balance between their technological world and their non-tech world.

Turning off a cell phone, getting off Facebook, and not playing Call of Duty for a couple hours will help your brain think more properly.

If the predictions for this study are true, eventually people won't be able to make the simplest choices because they will over-think unintentionally.

Unless everyone wants their brain to function at a lower standard, they should consider taking a break from technology occasionally.

# Discrimination free

## U.S. rules Defense of Marriage Act unconstitutional

Pres. Barack Obama declared the 1996 Defense of Marriage Act unconstitutional, to the disappointment of many Americans.

The Defense of Marriage Act prevented same-sex marriages to be federally recognized. On Feb. 16 Obama ordered the Justice Dept. to stop defending the act.

"The president and I have concluded that classifications based on sexual orientation should be subjected to a strict legal test intended to block unfair discrimination," attorney general Eric Holder said according to www.nytimes.com.

Some conservatives portrayed the situation to be legally unjustified.

Former Arkansas Gov. Mike Huckabee told reporters he was "deeply disappointed" by Obama's decision, according to www.nytimes.com, and that he found it disappointing "In a time when the economy and world affairs are exploding, the Justice Dept. would decide that this is what they're going to put on the plate today."

Other conservatives have claimed that the Justice Dept. should begin an "outrageous political move that was legally unjustified," according to www.nytimes.com.

The long-debated social issue has gone on for years, and although conservatives and other Americans disagree, Obama made the first step that can lead to equal rights for gays and lesbians sometime soon.

"It will reach into issues of employment discrimination, family recognition and full equality rights for lesbian and gay people," executive director of the American Civil Liberties Union, Anthony Romero, said according to www.nytimes.com.

The New York Times also claimed that if the Supreme Court agrees with Obama, laws can potentially be made to make it easier for noncitizen spouses to apply for legal residency and state laws governing who can adopt a child.

In December Obama pushed for the repeal of the "don't ask, don't tell" policy, which banned gays from serving in the military. The Senate and the House of Representatives voted to repeal the policy.

If the repeal of the Defense of Marriage Act follows through, gays and lesbians will finally have equality. Obama's decisions has the country moving forward, and hopefully he continues to make the right decisions to lead to a discrimination-free America in the future.

## Letter to the editor

### *The power of protests*

In last month's edition of the Chronicle, the editorial board discussed their disgust with a certain fringe group that protests at military funerals.

This group, which labels itself as a "church" (although labeling themselves as a "church" is an insult to all religions), recently won a case brought against them in the Supreme Court.

The plaintiff, Albert Snyder, sued this group because they protested at the 2006 funeral of his son, Matthew. In the opinion of the 8-1 ruling, Chief Justice John Roberts states "Speech is powerful.

It can stir people to action, move them to tears of both joy and sorrow, and as it did here, inflict great pain. On the facts before us, we cannot react to that pain by punishing the speaker."

Ladies and gentlemen, here we find ourselves at a unique crossroads in our history. Nearly every American finds what this group is doing to be an egregious abuse of the First Amendment. The right to free speech is one of the most unique facets of American life.

But when does free speech become hate speech, or has that line been blurred by this recent Supreme Court case: Snyder v. Phelps?


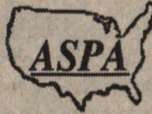


Many are stirred and enraged by the Court's decision. It is being viewed as though this group has been given the green light by one of the most important branches of our government to continue their heinous protests.

But we must not forget what powers we have and must use in order to combat the evil that we see before us.

Having written about this twice during my tenure on the Chronicle, I want everyone to know that our freedom of speech is not a one way street. If this "church" has the right to protest, we have the right to counter protest.

We have the right to protect the grieving families from the sights and sounds of this hate group. We have the right to see that our freedom of speech is not sullied by those spreading hate.

-Jacob Wucka, Bloomington-Normal

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<p>Editor in Chief: News Editor: Perspectives Editor: Features Editor: Entertainment Editor: Center Spread Editor: Sports Editor: Business Manager: Reporters:</p>	<p>Megan Hernbroth Alexis Hosticka Keyuri Parmar Yasmyn McGee Helene Sankovitch Sarah Berger Carly Tubridy Giuliana LaMantia Sarah Berger, Amber Del Rio, Megan Hernbroth, Alexis Hosticka, Connie Kim, Giuliana LaMantia, Kristina Manibo, Yasmyn McGee, Keyuri Parmar, Liz Ramos, Helene Sankovitch, Carly Tubridy, Maddy Dall, Helene Sankovitch Laura Kuehn</p>	
<p>Artists: Adviser:</p>		

## Students Speak

Compiled by Keyuri Parmar

Do you think it is justified homicide to kill a doctor giving an abortion?



Freshman

**Olivia Wilson**

"No, even though I believe abortion is wrong, I don't think killing anybody is justified."



Sophomore

**Eriko Lima**

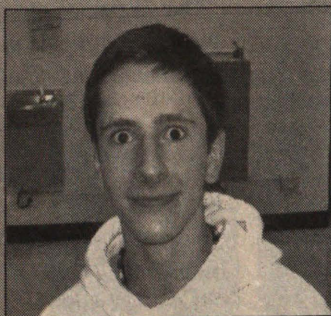
"No, because it's a crime and [abortion] is a service that a doctor is doing."



Junior

**Sarah Quealy**

"No, because it's killing an innocent person and no one deserves to die."



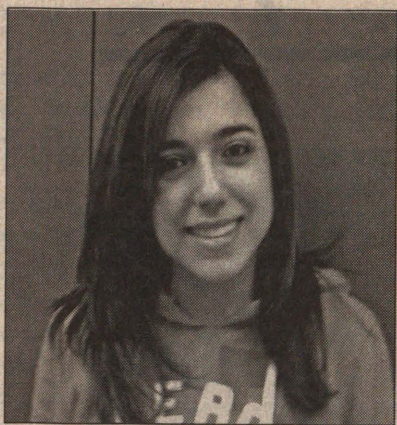
Senior

**Conor Zaputit**

"I don't think so because it's the person's decision even though I'm not for abortion."

# A murder for a murder?

## Legislators think killing a doctor for giving an abortion is okay



By Giuliana LaMantia  
Reporter

South Dakota legislators are deciding whether or not to vote on a bill that would make it justified homicide to kill doctors who perform abortions.

Approved by the House Judiciary Committee on a 9-to-3 party line vote, the bill establishes that "homicide is justifiable if committed by any person in the lawful defense of such person, or of his or her husband, wife, parent, child, master, mistress, or servant, or the unborn child of any such enumerated person."

Clearly, the bill is ridiculous.

If a father catches a man trying to rape his daughter and kills the assaulter to defend his daughter, he is justified in doing that, which makes sense.

However, a man being justified in killing a doctor giving his wife or girlfriend an abortion makes no sense at all.

Whether people like it or not, abortion is legal, so how does it make it justifiable to kill a doctor who is doing his job?

Not surprisingly, it is mostly extreme anti-abortionists for the bill.

Sure, maybe it would be saving the life of an unborn child; however, it would still be taking the life of an innocent individual who is not breaking the law.

Not only this, but passing the bill would most likely create more violence.

Although in most cases I believe abortion is wrong, there are still a lot of factors to consider.

For example, what if the health or life of the mother is at risk?

It should not be considered "okay" for a family member of the mother to kill the doctor giving her an abortion in defense of her unborn child.

Above all, abortion is the mother's choice, and by law they have that choice.

I do not understand how South Dakota could even consider this bill, and

*Whether people like it or not, abortion is legal, so how does it make it justifiable to kill a doctor doing his job?*

Troy Newman, however, leader of Operation Rescue, an anti-abortion group, was "shocked" when he read the bill.

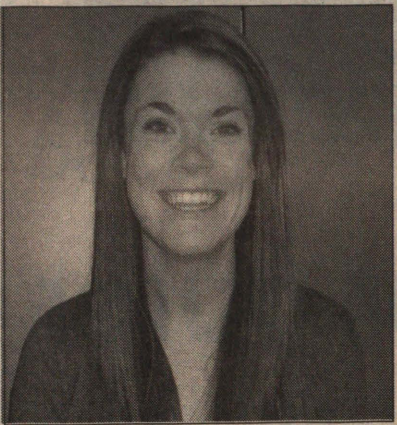
The pro-life movement is to protect human life from conception to death, according to Newman.

So isn't the bill a bit hypocritical?

even though the bill has been shelved for now, it is still there for consideration later.

A person should not even be considered to be justified for murdering a doctor obeying the law, and South Dakota legislator needs to shelve this bill permanently.

# Parking changes revoke seniority



By Megan Hernbroth  
Editor in Chief

It has become a right of passage for seniors to circle "senior lot" on the parking forms every semester.

For three years we watched the upperclassmen park on campus, waiting for our turn. Now it is our turn, and the administration decided to change the rules.

Instead of selecting a specific lot, seniors are simply awarded on-campus parking for \$100.

On-campus lots include pool lot, the old bus lane, and senior lot, and seniors have access to every one.

Not only does this take away from tradition, parking in the morning has become an "every man for himself" situation.

Instead of having a guaranteed spot in a specific lot, students now have to scramble to find an open parking spot in one of three lots.

Driving around the school first thing in the morning may not seem like a big deal, but when a student is already running late, the extra time it takes to find an open spot is a hassle.

Most students believe that, by paying the parking fee, they guarantee themselves a parking spot in the morning. Now, paying the parking fee means there is a chance that a student gets a spot on campus.

The new parking situation also provides leeway for students that do not pay for parking.

With hardly any way to recognize if a car is in the correct lot or not short of policing the lots all day, some students take parking spots others paid for, which is not fair.

It is unfair for the administration to ask for a large payment for a parking spot from students, only to not enforce the rules they created.

Although the new system may be easier for the administration, it is taking a toll on students.

The new procedures may seem simple on paper, but when you are in the position vying for the last spot in a lot you paid for, simplicity does not cut it.

Frustration has become a routine part of every morning for any student with a parking permit. Driving up to the parking lot you paid \$100 for, only to realize it's already full, is simply irritating. If a student pays for on-campus parking, they should receive on-campus parking.

Although the price difference may not seem like a lot, paying for one lot then having to park in another farther away is unfair to those who dished up the money in the first place.

It would be less of an inconvenience for students if parking offenders were ticketed like the rules state.

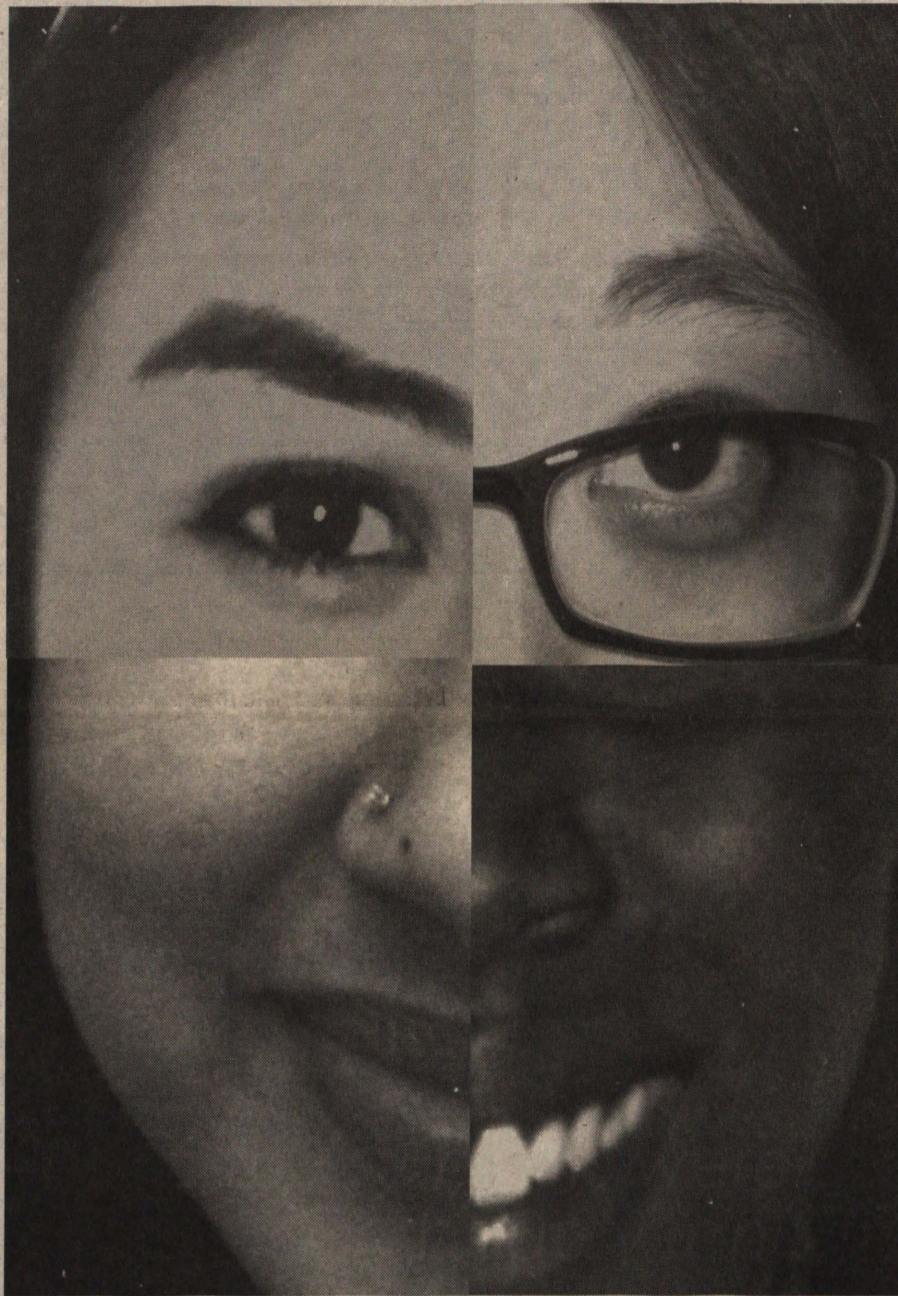
Students are not afraid to take on-campus parking without paying because they hardly ever receive a ticket for their offense. If they received a ticket three days in a row, they would stop.

It is frustrating to those who pay for spots when others simply get away with free parking.

Changing parking procedures may have helped the administration, but students are bearing the brunt of the changes.

It is just another change seniors have to deal with their senior year.

## what is **B**eauty?



## How is beo

## African-Amer

By Megan Hernbroth  
Editor in Chief

Is beauty skin deep? For some African American women, the skin color and body shape.

"[Beauty is] lighter skin, having a shape, a thin waist and decent sized breasts," senior Stephanie Lambert said.

Lambert feels she does not fit into the standard of beauty for African American women, and has dealt with problems in the past.

"I wish I was a lot lighter," Lambert said. "It's hard to find beautiful. I used to get made fun of every day."

For sophomore Sara Triner, weight and shape are a more concern than skin color.

"I wish I was thicker," Triner said. "People always comment on how skinny I am, and it's annoying."

When looking for a possible boyfriend, both Triner and Lambert lean towards lighter men.

"I'm more attracted to white guys," Triner said. "I'm usually attracted to me, because I really like blue eyes."

Lambert believes her upbringing has a lot to do with her attraction to white men.

"I usually date white guys," Lambert said. "They're not built but not like the Hulk, and I like colored eyes."

around white guys, so I think that's why I think they're attractive."

Sophomore sisters Kiara and Tiara Walker differ in their preferences for men, along with their beauty regimens.

"I like the ghetto white guys," Tiara said. "I like guys with the black personality. I can find a 'black' guy who wouldn't date him."

Kiara is not as picky.

"I like both [black guys and white guys]," Kiara said. "It doesn't matter to me; if they're attractive, I like them."

Senior Josh Foster does not take skin color or body shape into account when he is attracted to women.

"I don't take one over the other," Foster said. "I'm not color-wise."

As far as beauty goes, Foster believes it cannot be defined by any attribute.

"Beauty is in the eye of the beholder," Foster said. "There are many shades and colors that [beauty] can't be one size fits all."

## Inner beauty or outer beauty?

By Carly Tubridy  
Sports Editor

Beauty attracts a boy's attention while personality captures a girl's heart.

"Some boys care about personality, but usually girls care more," sophomore Amanda Gosbeth said.

On average, Gosbeth is correct. When asked, boys typically responded with entirely appearance-based answers.

Girls however, typically believe that personality will make or break a guy.

"I feel it's inner beauty more than outer beauty be-

cause you need someone with a personality," junior Kaylee Benda said.

All the girls agreed that a sense of humor was appealing. Old-school manners were also mentioned as a necessity in a man.

"A guy has to have class, a good sense of chivalry," senior Maggie Tikka said.

While boys believe personality matters, it was not mentioned as often.

"They have to be able to make me laugh," junior Cesar Diaz said.

Girls, when talking exclusively about appearance,

tended to identify features that are associated with manliness as the most attractive part of a boy.

"Those muscles on the back and shoulders...that is the best," Benda said.

Yet overwhelmingly, a guy's smile turned out to be the main source of swooning.

"You can almost tell their personality from their smile, like if they're smiling they seem nice," freshman Emma Noelke said.

On the other hand, body came out on top as the most attractive part of a girl.

Words describing beauty such as hot, sexy, cute, and pretty all have different connotations.

"When you say a guy is hot, it is a total stranger. 'Hot' is based solely on appearance," Tikka said.

Similar rules apply when commenting on a girl's appearance.

"You call a girl pretty or beautiful when you want to be sincere," senior Derrick Pietrobon said. "You call a girl sexy when you can tell she put a lot of effort into looking good."

Makeup plays a big role

in beauty. Boys prove that less is more.

"That is one of my things; a girl has to look good without makeup on," Pietrobon said.

Junior Josh Gimre also prefers when girls don't wear a lot of makeup.

"Less makeup is more attractive. An in-between is the best," Gimre said.

The 'orange' look is out and a more natural look catches the boys' eyes.

In the long run, boy or girl, when it comes to looks, beauty really is in the eye of the beholder.



## Beauty perceived in other cultures?

### American

Americans, beauty lies in

a thin waist, a big butt, Lambert said.

standard of beauty for Africans in the past because of

"It's what other people envy day for being dark."

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### Asian

**By Sarah Berger**  
Center Spread Editor

Forget about expensive tanning techniques; the Asian culture finds fair skin to be beautiful.

"Filipinos really like light skin and long hair, but I'm more influenced by American beauty," freshman Gily Valenzuela said.

Lighter skin is considered a beautiful characteristic in the Asian culture.

"My grandma has told me before that it's good to have fair skin, because it's more traditional. I don't necessarily find Asian boys more attractive, but if it were up to my grandparents, I would definitely end up with an Asian guy," sophomore Mei-Li Hey said.

Senior Chris Phan not only appreciates physical beauty in other people, but in nature as well.

"I find beauty in nature, and I probably have to say a lot of other people with an Asian background have to agree," Phan said.

### Latino

**By Yasmyn McGee**  
Features Editor

For the Latin culture, curves and a good fashion-sense can be alluring.

Sophomore Luis Costa said he's attracted to Latina girls with nice bodies.

"I like girls with big legs that aren't too skinny or fat. Taller girls but short enough to stop beneath my chin with curves and a nice body," Costa said.

However, looks aren't all that matter to Costa. Personality also plays a role.

"[I like] when they're not girly but can also hang out with the guys; someone who's down-to-earth," Costa said.

For sophomore Manny Nuñez, a girl's attitude can also be eye-catching.

"I like feisty girls, especially Cuban girls," Nuñez said.

A clean cute style is what matters to senior Nena Delgado.

"[I like] nicely dressed guys. Not when jeans hang off [their butts] but guys who dress with pants below their belly button," Delgado said.

### Middle Eastern

**By Helene Sankovitch**  
Entertainment Editor

For most people, beauty is all about outward appearances and being attractive to get attention.

But countries in the Middle East believe physical beauty should be hidden.

Senior Zara Khan moved to America from Pakistan about 14 years ago and still practices her Middle Eastern culture.

"It is considered very wrong if you are wearing shorts. My family is lenient about the long sleeves as long as you don't wear shorts or low cut necklines," Khan said.

Freshman Fatima Hassan was born in America, but her parents are from Iran and Pakistan.

"[Your clothes] can't be too tight or they will stare at you; teenagers, people in their 20's, old men. If they are around your age men will try to flirt with you," Hassan said.

In the Middle East, getting attention from the opposite sex is not something that teenage girls want or try to bring upon themselves.

"To avoid [men flirting,] you try to wear traditional clothes to be less revealing. You don't want a guy's reaction because that is very scandalous," Khan said.

Even when going to the swimming pool, girls have to keep themselves fully covered.

Some traditional outfits Middle Eastern women wear are headscarves, which covers the hair, or the abaya, which covers from the neck down. In some countries, they wear the naqab, which covers everything but the eyes.

"In [Islam], you have to hide everything that is attractive to guys. Not many people go all out, but some wear the abaya. I'm proud to [dress how I do] because it's a way of showing my religion," Hassan said.

Sophomore Alex Alhamy, from Iraq, said that in the Middle East, educated girls are attractive, and for a wife, men want a girl who is experienced working in the house.

"[Boys] look for a girl with a good family. It's important to have a good family [and] respective parents," Alhamy said.

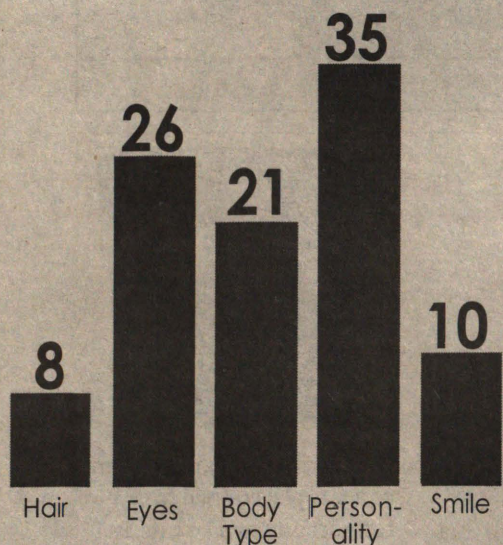
As for showing any signs of PDA, such as hugging or kissing, that is not acceptable.

"No holding hands. If you love someone, it has to be private," Alhamy said.

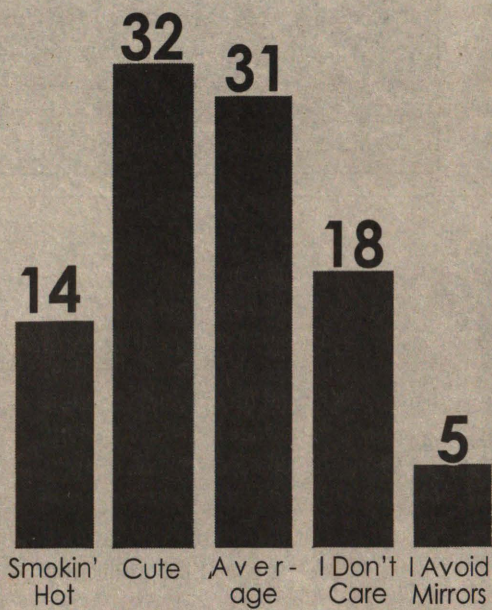
*100 students were surveyed on their beliefs on beauty, and the results prove that beauty isn't skin-deep.*

Compiled by **Giuliana LaMantia**  
Reporter

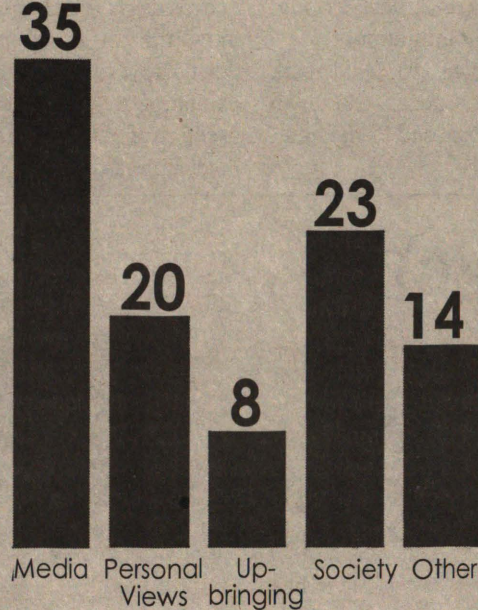
What characteristic do you find most attractive in the opposite sex?



How do you perceive your looks?



What do you think shapes our idea of what is beautiful?



## Spotlight on tech crew

Stories and photos by Yasmyr McGee



Tech crew adviser Jim Anderson works with members of the crew on lighting and sound for productions.

### *The specialist behind the glass*

Armed with a lifetime of audiovisual and staging experience, adviser Jim Anderson shares his knowledge of technology with the members of tech crew.

"I started in September and I like it a lot. The kids and high school are great," Jim Anderson said. "I haven't done this [student advising] before. I was a sales manager at a big audio visual rental and staging company. But I'm happy about [being here]."

Anderson has faced some challenges since becoming tech crew adviser but insists they only expose the crew to more realistic situations for the future.

"The facility, of course, is aging, but I'm excited that we got a new lighting console. It's more of a challenge sometimes to work within limitations. The experience the kids in tech crew get is more like the real world than it would be without limitations."

According to Anderson, the sound aspect is seldom an issue as opposed to the lighting.

"Running audio for most of the concerts is pretty simple, while the dramatic stuff offers a bit more of a challenge. The last couple of plays that we've done have required no wireless mics. But because this next one is an opera there will be wireless mics," Anderson said. "The lights have been more of a challenge because most of the fixtures, especially the ones on the stage, are very old. They burn out frequently, certain features don't work right or they freeze up. But little by little the crew this year has helped me to repair a ton [of the lights]."

Even if the crew doesn't always feel that they get the recognition they deserve, Anderson said that there's one thing that the crew can always smile about.

"My techs get paid for doing equipment maintenance and concerts which is something that a lot of people don't know. It beats flipping hamburgers. And you learn useful stuff at the same time," Anderson said.

### Shining without praise

Three tech crew members don't need the spotlight on them to enjoy what they do.

Senior Rodger Plant has been a part of tech crew for three years.

"I've always been interested in computers and I like that type of stuff. Being paid to do it is a bonus," Plant laughed.

However, tech crew doesn't always get paid for lending a helping hand. According to senior Matt Provenzale, it depends on what type of production they are requested to work.

"Some events we do [get paid]. If it's for a class such as dance production, we get paid for it but if it's something like a play we don't get paid for it," Provenzale said.

Provenzale, who has been a part of tech crew for all four years of high school, has gained the position of student director this year.

"Well this year [as] stu-

dent director of tech crew, I'm basically in charge of helping everyone do their jobs, directing everyone, and I'm responsible to be there for every project that we have," Provenzale said. "It's a lot of pressure before a big event such as a play but the biggest thing is it's a big time commitment."

Sophomore Farrell Lewis, who's been on tech crew for a year, agreed that it can be time-consuming.

"The hours get changed sometimes and you don't get all the notice you want so it conflicts if you actually want to be in the show," Lewis said.

Yet, Provenzale said it's worth it in the end.

"I'm really interested in technology and becoming a part of productions. It just made sense to do tech crew then. We still get to be a big part of productions but it's also a lot more laid back. We have a lot fewer rehearsals and we have some fun [as a crew]," Provenzale said.

Lewis is apart of the crew for similar reasons.

"I do it because I love being in the auditorium and just the aspect of it. Getting extra cash for it isn't bad either," Lewis said. "I like just hanging around there and getting paid to do what you love."

Despite all their hard work and passion, Provenzale feels like tech crew does not get the recognition they have earned.

"I don't even think half the [school] even know who we are. I think people really underestimate how big of a part [we contribute in productions]," Provenzale said. "We're there even later than the actors at times. Sometimes we're at school until 9:30 at night for a whole week straight. We're a big part of performances and people don't know that about us. They kind of just forget about the lights and sounds and everything. They don't realize that there are actually people doing that."

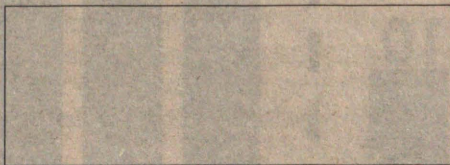


Senior Matt Provenzale works with the sound board after school.

### Tech-y Terms To Know:



Spotlight: used to highlight the actors or events on stage



Sound board: used to produce and handle sound for productions



Sound system: a combination of a CD player, solid state recorder and two tape decks

## Keys to identity: *Students show off key chains that hold important memories*

Stories by Alexis Hosticka  
Features Editor

Junior Megan Taddeucci has more key chains than can fit on her key ring, and each has its own little story behind it.

"I guess the best one is my 'John' key chain, which is from when I was in St. Louis and John Mayer had a concert," Taddeucci said. "My mom said I had to have something to give him if I met him, so I bought the little key chain, but I didn't meet him."

Taddeucci also has many key chains as gifts from friends and family.

"I have two New York City key chains from [junior Carly Tubridy] when she went there, and they just add awesomeness to my keys," Taddeucci said laughing.

She also has a little Coach key

chain from a mysterious gift-giver.

"My mom says it was from my dogs for Christmas, she always does that with one of my gifts," Taddeucci said.

The key chains greatly overwhelm the keys on Taddeucci's lanyard, as she only has three actual keys, one of which is decorated with a duck.

"My mom got that for my birthday along with a bunch of other car stuff when I turned 16," Taddeucci said.

She also has her ID card handy on her key chain in order to not lose it because, as Taddeucci said, "if I didn't have that there I know I would forget."

Taddeucci began collecting her key chains because her sisters used to collect them.

"Now they make fun of me for it, but I like it because I always know they're my keys," Taddeucci said.

Senior Lily Villa's key chain collection began before she even moved out of a car seat, let alone had a car of her own.

Every key chain holds a special meaning to Villa

"My oldest key chain is a picture of me and [senior Amber Del Rio] in first grade at the end of the school year," Villa said. "Her mom gave me the picture and I'm surprised it's lasted so long."

Another photo on her key chain was completely unintentional.

"Me and [senior Miriam Garcia] got it at Fright Fest [at Six Flags]," Villa said.

"We were rushing to a ride and a photographer stopped us and basically forced us to take a picture, and we ended up actually liking the picture so we each bought key chains."

Another old key chain is a string of beads that spell out "cool." It was one of Villa's first key chains.

"It had a little cheap lip gloss but it broke off and I kept the key chain," Villa said.

Villa also has the prom key chain from last year, and multiple key chains from her friends who have gone on various trips.

"[Senior] James Alfaro got me one on the way back from Disney at Hard Rock Café and Miriam [Garcia] got me an Eiffel Tower from France," Villa said.

Even her car remote is a key chain in and of itself.

"People always ask me why I have a toy phone on my key chain, but that's just how my car starter thing came," Villa said.

Her most recent addition to the key chain is a National Guard lanyard that Villa picked up during lunch.



Photo by Alexis Hosticka



Photo by Yasmin McGee

# beauty

Is it time for a new career but you can't find time to make it happen?

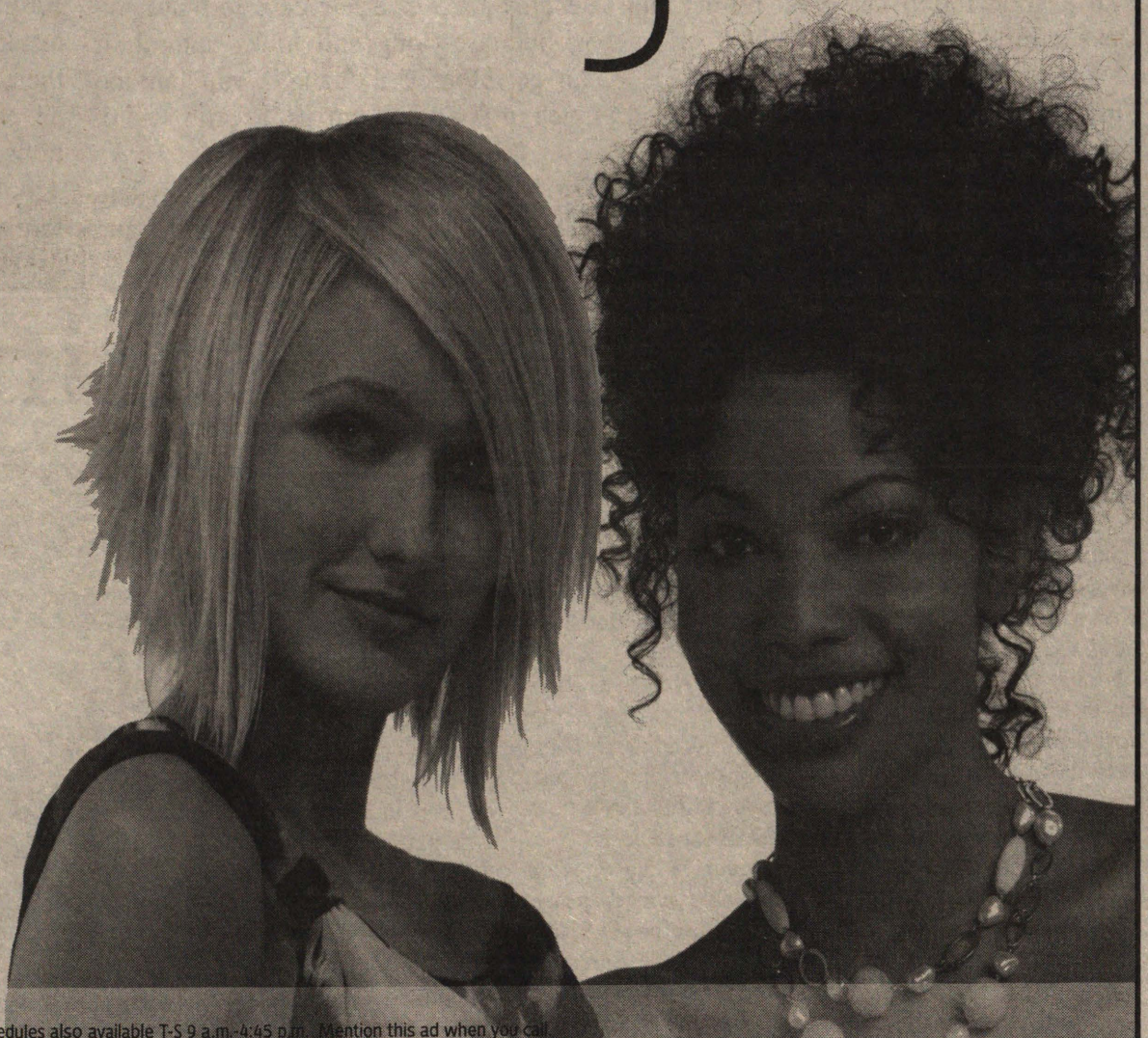
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# Entertainment

12

March 23, 2011

Wildcat Chronicle

## Working on that summer glow

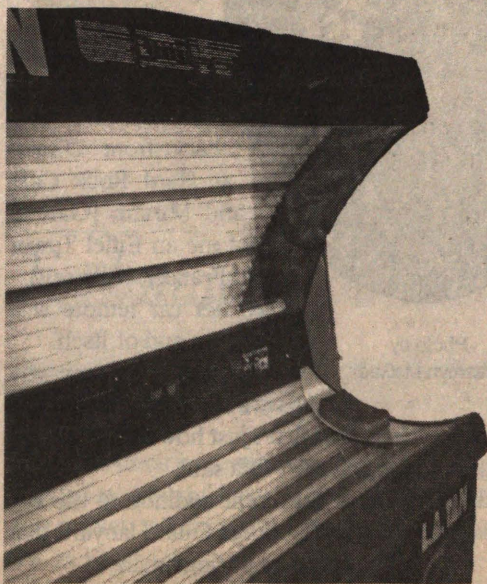
By Helene Sankovitch  
Entertainment Editor

With prom and spring break right around the corner, it's time to start bronzing up that pasty skin so you won't blend in with the melting snow.

Laying out under the sun isn't the best idea with the temperatures still slightly above freezing, but there are plenty of alternatives to get that summertime glow.

We tested out a few different ways to hide the fact that we have been stuck inside all winter.

These products and tips can help take your tanning experience to the next level.



### Tanning Bed

\$5 at L.A. Tan on Tuesdays for all level beds and \$3 for West Chicago students on Wednesdays for Levels one and two.

**Results:** You won't see a change after the first time, especially if you're using cheap lotion or a level one bed, but repeated use with a good lotion has great results and looks natural.

**Tip:** Don't be afraid to splurge on a good lotion, because that will determine how well you tan. And be aware that repeated exposure can increase the risk of skin cancer.



### Tanning Lotion

Jergens Natural Glow Revitalizing Moisturizer in Medium for \$7.89 at Target.

**Results:** It takes a few days to build color, but lasts long and looks natural. It can get blotchy though, if you put too much on, and it smells a little weird.

**Tip:** Mix regular body lotion with the tanning lotion so it doesn't look blotchy and covers the smell.



### Spray Tan

\$10 Mystic Tan at L.A. Tan on Mondays, and Thursdays tan on any bed, plus spray tan for \$20.

**Results:** The prices are decent and the end result doesn't look orange. L.A. Tan has their own spray tan solution that contains 33 percent more DHA than other solutions.

**Tip:** Moisturize! Applying moisturizer before and after your session will help make the tan look better and last longer.

## Local cures for spring fever

By Connie Kim  
Reporter

Spring break arrives Friday with students wondering what to do in the one week they have.

For those who want to have fun in the water, Key Lime Cove Indoor Waterpark Resort in Gurnee is open year-long.

It has a Splash Into Spring special with rates starting at \$129.95 for two guests.

Guests also receive admission to Lost Paradise Indoor Waterpark.

The 65,000 square ft. wa-

terpark includes rides like Hurricane Vortex, and also has lazy rivers to relax in.

Another good place to have fun is at Congo Rivers Miniature Golf in Hoffman Estates.

Congo Rivers is open weekends starting from spring break through April and reopens in June. Regular prices are \$12.95 for 36 holes and \$7.95 for 18 holes.

However, going on weekdays before 6 p.m. is cheaper with 36 holes for \$11.95 and 18 holes for \$6.95. Spectators can watch for only \$5.

Chicago also has many at-

tractions to go to for fun during spring break including Navy Pier.

Pier Park at Navy Pier is open year-long and has many rides like the Navy Pier Ferris Wheel and Wave Swinger.

Single ride tickets for all rides are \$5 except for the Ferris Wheel ride for \$6.

They also sell combo tickets for multiple rides and family combos.

Besides Pier Park, attractions in Navy Pier include movies at the IMAX Theater, which has Chicago's largest flat movie screen and shopping at the Navy Pier Stores.



Photo by Helene Sankovitch

Spring break doesn't have to mean traveling far away. Pier Park at Navy Pier in Chicago offers plenty of fun attractions.

## Jumping into spring

By Sarah Berger  
Center Spread Editor

Xtreme Trampolines has locals jumping for joy with its simple, but fun, concept of a good time. Combining exercise and entertainment, Xtreme Trampolines is the new hot-spot in town for all ages.

Located in Carol Stream, Xtreme Trampolines is an empty warehouse filled with trampolines on the floors as well as the walls. To some, this idea may seem too simple to work as an effective business, but the public response has been strong and supportive.

"Xtreme Trampolines is fun because you can jump in the foam pit and play dodge ball. It's not something you would normally do, like going to a movie. It changes things up a bit," senior Mary Connolly said.

People of all ages can find something to enjoy at Xtreme Trampolines.

"My favorite part of Xtreme Trampolines is cuddling in the foam pit," junior

Justin Huey said.

Depending on the day, they get about 300 to 1500 customers a day.

Xtreme Trampolines appeals to everyone, but teenagers seem to love the physical appeal.

"Not only can you jump around and have fun, but many people have started using this as a social arena, meeting other teens from other schools," Xtreme Trampolines employee Nicole Schafroth said.

Xtreme Trampolines charges \$11 per hour for one person, but have price-efficient group rates such as \$6 for one person per hour for a group of 15 people or more. Birthday parties, trampoline aerobics, and corporate group events are also offered at Xtreme Trampolines.

A liability waiver is required for people under the age of 18.

Xtreme Trampolines is located at 485 Mission Street in Carol Stream.



Photo by Helene Sankovitch

Senior Lauren Pugh practices her toe touches at Xtreme Trampolines in Carol Stream.

## From fat to famous

By Liz Ramos  
Reporter

As the obesity rate in the United States goes up, so do the viewer numbers of weight loss shows like "The Biggest Loser" and "Heavy."

"I think [weight loss shows] are motivational. People love winners. Everyone wants to lose weight and [the contestants] do it. These people are so morbidly obese. It's almost like watching them save their lives," psychology teacher Barbara Laimins said.

The audience of weight loss shows has increased over the years.

According to the New York Times, "The Biggest Loser" is one of NBC's most-watched prime-time programs besides football, drawing an estimated 10 million viewers each week.

More than 200,000 people submit audition tapes or attend open casting calls for "The Biggest Loser," according to the New York Times.

Weight loss shows have contestants that need to lose weight in order to save themselves from health hazards and do so by working hard with trainers. Encouraging the contestants is the guarantee of losing weight and sometimes a money prize.

"I don't think people watch these shows for the same reason they watch 'Jersey Shore,'" media teacher Brian Turnbaugh said. "People watch these weight loss shows for hope and a way of support to follow a certain diet. It's a different viewing experience. People are to laugh at shows like 'Jersey Shore,' while in these shows we root for them and are sympathetic."

## When enough is enough

By Keyuri Parmar  
Reporter

Every show eventually ends, but "American Idol" does not seem to understand that it has been slowly dying over the last couple years.

When it debuted in 2002, "American Idol" was decently popular with 22.8 million viewers tuning in to watch the finale. By 2008 there were 31.6 million in the audience, but last season only 24.2 million tuned in.

The decline in viewers reflects the decline in talent.

Early winners, like Kelly Clarkson, were talented. Clarkson, the first winner of the show, has sold 10.6 million albums, 15.9 million tracks and has had 4.2 million radio plays, according to Billboard.com.

Season 4 winner Carrie Underwood's album "Some Hearts" was number one on Top Country Albums in 2005, according to Billboard.com.

Currently only two former Idols have albums in the first half of the Billboard 200: Underwood and Chris Daughtry.

By the fifth season, talent didn't mean much as Taylor Hicks ended up winning. Hicks put on a good show but overall wasn't a good singer. Currently, Hicks is on tour and is playing at casinos and cruises. Not

exactly what you expect from an "Idol" winner.

Season 9 winner, Lee Dewyze's first album "Live it Up" sold 39,000 units in the first week, which is the worst sales a winner on Idol has ever had.

After the eighth season when judge Paula Abdul left, the show became even more pathetic. Gone

was the hot and cold relationship between sarcastic judge Simon Cowell and Abdul, which brought entertainment to the show that was quickly going down-hill.

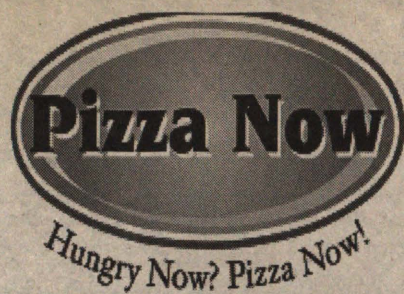
Cowell's departure brought the show down even further, and now season 10 of

"American Idol" comes off as a joke. Only one of the original judges, Randy Jackson, remains.

Jennifer Lopez and Steven Tyler, the new judges, don't add the same fun and humor to the show. The new judges are trying a little too hard to replace Abdul and Cowell, and it is not having the same effect.

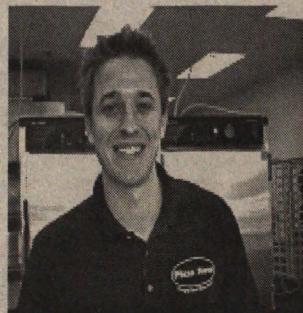
They are humorous but the judges together just don't seem to click like the old judges.

After 10 seasons, this should definitely be the last season of "American Idol."



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## Starting with a vengeance

By Amber Del Rio  
Reporter

Boys baseball is looking for vengeance as they prepare for a visit from St. Francis.

The boys face St. Francis on Thursday at 4:30 p.m. at Pioneer Park. St. Francis defeated the Wildcats in a 3-2 heartbreaker with an overall 19-13 record last season.

Head coach Dan McCarthy believes that, being a home game, the revenge factor will motivate the boys to play well.

"We get them on our diamond this year, which is good," McCarthy said.

The boys took on St. Edward's on Monday. Results were not available as of press time.

The team defeated Tinley Park 10-8 on Saturday.

With 11 seniors on the team, McCarthy believes the boys will be strong defensively based on their abilities to pitch and catch.

"We're going to have a good year. We're going to surprise some people," McCarthy said. "To be successful you have to have a strong senior class."

According to senior captain Dane Sauer, the boys get along well despite having 14 new players on varsity.

"Everyone's cool with each other. There's not cliques where certain people don't talk to other people," Sauer said. "Everyone gets along."

Prior to the season, players lifted and worked with trainers from Superior Athletic Advantage.

The coaches also met with the four captains and gave them the task of creating a list of realistic goals for the team. Although being captain is a huge responsibility, McCarthy is confident that the boys will do their job well.

"It's their team not my team. They have to live and die with what they do," McCarthy said.

Sauer accepts his responsibilities as a captain and is ready to help prepare the boys for the season.

"[The boys] just need to be ready to go because it's a long season. The DVC is a good conference," Sauer said.

## Kicking off a tough season

By Amber Del Rio  
Reporter

After kicking off their season with a 3-1 victory over St. Francis, the girls soccer team is training for a tough game against Schaumburg.

The girls will play at Schaumburg on Wednesday at 6 p.m.

The team faced Schaumburg twice last season; once in the regular season and during regionals, losing both times.

"Schaumburg's a good team. A lot of their girls play with really good clubs in the off-season," senior captain Rachel Thomas said.

Since the game is away, Thomas believes the girls will have to be prepared mentally to play on their turf.

"Their parents went overboard with some of their comments last year so we

can't let them get to us," Thomas said.

Despite having five new players on the team, including two freshmen, Thomas believes the girls will develop the team chemistry they need to be successful very quickly.

"I think we're going to be really good together. We're all getting along already," Thomas said.

To help prepare themselves for the season, many girls attended off-season workouts on Tuesday evenings and Saturday mornings.

"We had open gyms and a lot of us played on a club team," Thomas said.

Head varsity coach Cesar Gomez has also introduced the girls to Shaun T's "Insanity" workout disc set to enhance their conditioning for the season as well as focusing on increasing strength, power, resistance and core

performance.

"Even though it's a hard workout, everyone enjoys it and it gives us the determination to work hard on our own," senior Kelsey Myers said.

As the girls go further into

their season, they turn to the leadership of the upperclassmen as well as cohesiveness amongst the girls to be successful.

The team will play at Wheaton North on Friday at 6:30 p.m.



Photo by Amber Del Rio

Sophomore Andie Lazzerini looks to stop the St. Francis keeper from breaking up the offensive play on Saturday.

## Ending without any medals

*Injury ends sophomore's quest for state ranking as freshman falls short of title*

By Megan Hernbroth  
Editor in Chief

With sophomore Robert Svestka unable to compete at state due to injury, freshman Tyler Svestka was on his own to represent the boys wrestling team.

Tyler went 2-2 at the state meet, unable to place. The two losses came against wrestlers that placed third and fourth in the state.

"[Tyler] was placed in the

tougher side of the bracket and we hope to have better luck next year," head coach Humberto Ayala said.

Tyler is also putting the season behind him in hopes of better results next year.

"I won two matches but just fell short of placing," Tyler said. "I was happy to be there as a freshman. I hope to be there next year and this time do a lot better."

Robert injured his knee at sectionals, but continued to

compete. An MRI the day of the state meet showed he had a torn meniscus.

"My knee hurt quite a bit, but I continued to train the best I could and prepare for state," Robert said. "When I finally found out that I needed surgery and I couldn't wrestle, I was very upset because I know I could have done a lot better than just qualify. I plan to come back next year and win state for West Chicago and get all conference again for my third time."

Although the season ended without any medals, Ayala was proud of the effort the boys put in this season.

"We had a great shot to bring home a medal but it just did not work out for us this time," Ayala said. "I'm

extremely proud of what these two kids have accomplished this season. I'm extremely proud of all the kids that finished the wrestling season. Wrestling is one of the toughest sports that you can participate in."

Coming so close to success prompted Ayala to look to next year, with 11 of 14 varsity wrestlers returning.

"I feel that in the last two years our coaching staff has worked hard to change the culture of wrestling at West Chicago for the better," Ayala said. "We're optimistic that our numbers will continue to grow. There are a lot of tough, athletic kids at West Chicago and wrestling can be the outlet they need."

## Out with a bang: As spring begins, winter sports wrap up final games

*Boys basketball*

By Liz Ramos  
Reporter

Turnovers plagued the boys basketball team affecting the results of their first regional game on Feb. 28.

The team lost to Wheaton Warrenville South 62-38 and ended with a final record of 4-17.

"We played hard. They tried to do the best they could," coach Kevin Baldus said. "I think the things that

hurt us all season continued into the regional game. The thing that hurt us all year was turnovers."

Top players in the regional game were juniors Justin Mundt, Josh Gimre, and Dylan Hedmark.

*Girls basketball*

By Keyuri Parmar  
Perspectives Editor

After an uplifting win against York, girls basketball lost in the second round of regionals to Trinity 58-39.

The team ended 17-11 and placed fourth in DVC.

Winning against York 49-45 on Feb. 15 in the first round of regionals ended the team's losing streak.

"At regionals, the girls really pulled it together ... against York," varsity coach Kim Wallner said.

*Hockey*

By Carly Tubridy  
Sports Editor

After a successful season,

the Wheaton Wild West hockey team came to a disappointing end at the second round of state playoffs in double overtime against St. Charles.

"It was disappointing because of the loss. We could have played better defense and I wish I would have played the whole game," senior Jon Gilbertsen said.

The team lost in double over time against St. Charles.

The boys ended their season with a record of 22-8-2.

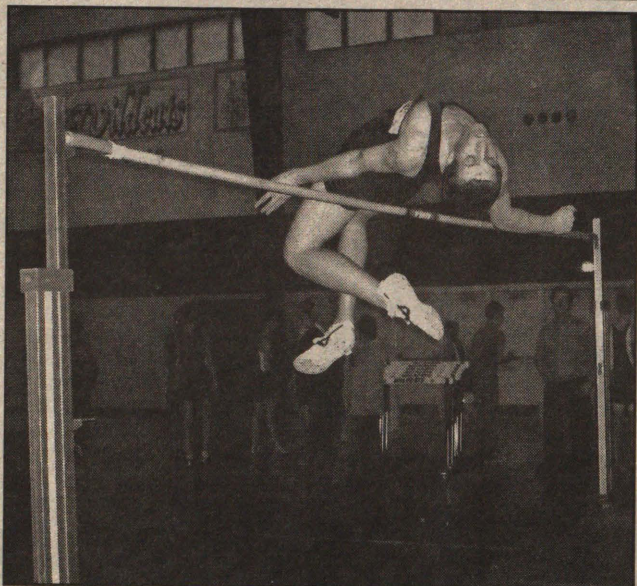


Photo by Liz Ramos

Senior Jeff Foreman has a perfect jump over the bar to clear six feet and goes on to win high jump with a jump of six feet two inches.

## Boys on track to state, girls face loss

By Liz Ramos  
Reporter

With the indoor track season at an end, the boys team finished with state qualifiers.

### Boys

Boys track finished their indoor season with two members qualifying for state at DVC on Friday.

"I was pretty happy. Basically on paper, we were going in with sixth place with I think 38 points. We scored 42 and moved up a place so that's good," coach Paul McLeland said.

Seniors Jeff Foreman and Matt Bannon qualified for state in high jump.

Foreman placed first with a jump of six feet eight inches and Bannon placed third with a jump of six feet four inches.

"It's exhilarating to have qualified. It's also a great feeling to know that I'm going to be competing with some of the best jumpers in the state," Bannon said.

Senior Gunnar Sterne placed first in both the 1600 meter run and 800 meter run.

"Well, my expectations were to win at least one of my events knowing that I had the fastest time going in, but it feels great because to be able to beat the best of the DVC is pretty good," Sterne said.

Sterne didn't make the qualifying cut for state but has a possibility of running in state based on the number of people that qualified.

The state meet is on Saturday. The team takes on West Aurora on April 12.

### Girls

After having tough competition at DVC on Thursday, girls track placed eighth out of eight teams.

"There were some highs and there were some lows. Overall they did okay. There were lots of personal records," coach Barbara Brennan said.

The 4x800 relay team came in seventh place with a time of 10:56.

"I think the team did well individually, but as a team, we didn't score high. The track is really nice and fast," sophomore Erika Macias said. "I think I did badly. My times were the worst of the season. I think it's because I have shin splints. It was a bad day for me. I wish I got out faster because I got boxed in for the mile."

With a time of 1:54.92, the 4x200 relay team came in sixth place.

Junior Maggie Brach believes she should have worked on hand-offs with the 4x200 team more.

The next meet is April 6 at Glenbard East.

## Continuing the legacy

By Yasmyn McGee  
Features Editor

With a new varsity coach, girls softball is starting off the season by going back to the basics.

"The goals are going to be pretty high. We do have enough returning players in a couple key positions and we have some spots to fill that were left last year [by seniors]," coach Kim Wallner said. "But I think we have a solid nucleus of kids coming back."

Wallner anticipates showing that the team is a force to be reckoned with.

"Since we won the conference last year, I think legitimately one of our goals could be to try to repeat again as DVC champs. The goals are to work hard, get sound de-

fensively and then make sure we can move runners along and get some runners across the plate when we need them," Wallner said.

In order to meet these goals, Wallner believes that it's best to go back to the basics.

"We're working on fundamentals. Then after we'll start putting in some of the strategies, plays and situational things and [going over] how we want to move runners offensively and defensively, the coverages, hits and who's backing up. There are a lot of things you've got to go over along with trying to get some repetition in fielding, throwing and hitting," Wallner said.

Junior Rachel Johnson, third baseman, looks forward to working with Wallner and continuing to succeed as a

team and individually.

"I'm happy to have made varsity and so far the season is off to a really good start. We weren't sure how it was going to be having a new coaching staff but so far it's been really good," Johnson said. "We're looking forward to making it further this year than we did last year. I was all-conference as a third baseman last year so I'm hoping to do that again."

Returning senior Mary Connolly, pitcher, looks forward to crushing the competition this year.

"I would say all the schools are decent [competition] but Glenbard North is our biggest rival," Connolly said.

The first game will be on Thursday at 4:30 p.m. against Burlington Central High School at home.

## Getting back into the swing of things with new strategy

By Connie Kim  
Reporter

Badminton girls made their way into the new season with a 10-5 win from their first home game against Streamwood on March 15.

With try-outs from Feb. 28 to March 2, the team started their first official practice on March 3.

Head coach Nick Caltagirone has a strategy for the beginning of the season.

"I want the students to learn about the sport individually, get better, and then start being more competitive," Caltagirone said.

Junior captain Megan Pietura is excited that the season has started and has high hopes for a successful season.

"It's really exciting to get back into badminton. I'm hoping everyone on the team pushes themselves this season and meets new personal goals," Pietura said.

Caltagirone is hoping for a good season as well.

"I'd love to do better this

season and for the girls to have a positive experience," Caltagirone said.

The girls faced Oswego on Thursday and lost 8-7.

"I saw a lot of improve-

ment at the game compared to last year, and we had a lot of wins," Pietura said.

The next game is away on Wednesday against Plainfield Central at 4 p.m.



Photo by Yasmyn McGee

Senior Desiree Geromini prepares to return a serve on Thursday against Oswego.

## Not quite yet the queen of the court

By Keyuri Parmar  
Perspectives Editor

Junior Claire Monroe was almost the queen.

Monroe ended with second

place at the 3-point contest March 4, commonly known as Queen of the Hill.

Monroe didn't go away empty handed though. She is the 4A class champion.

Monroe shot 10 out of the 15 balls which led to her winning.

The 3-point contest involves three racks of balls on each wing and the top of the courts. Each shooter has 15 balls they have to shoot in 45 seconds. Whoever gets the most shots moves on.

"I didn't think I would make it past the first night of

state. I didn't even bring more clothes because I didn't expect to stay longer," Monroe said.

Monroe did not think she could compete with the other shooters.

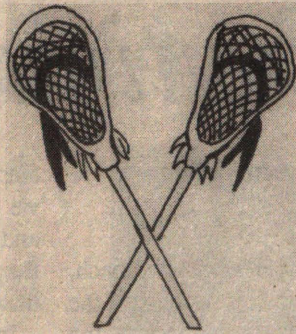
"It's a lot about luck too. Not every good shooter has a good day every day. Your shot is on or it's not," Monroe said.

Qualifying for state requires going through two rounds of regionals and two rounds of sectionals with 7 girls in each advancing to the next round.

Monroe had to do a double shoot out at the sectional final to make it to state.

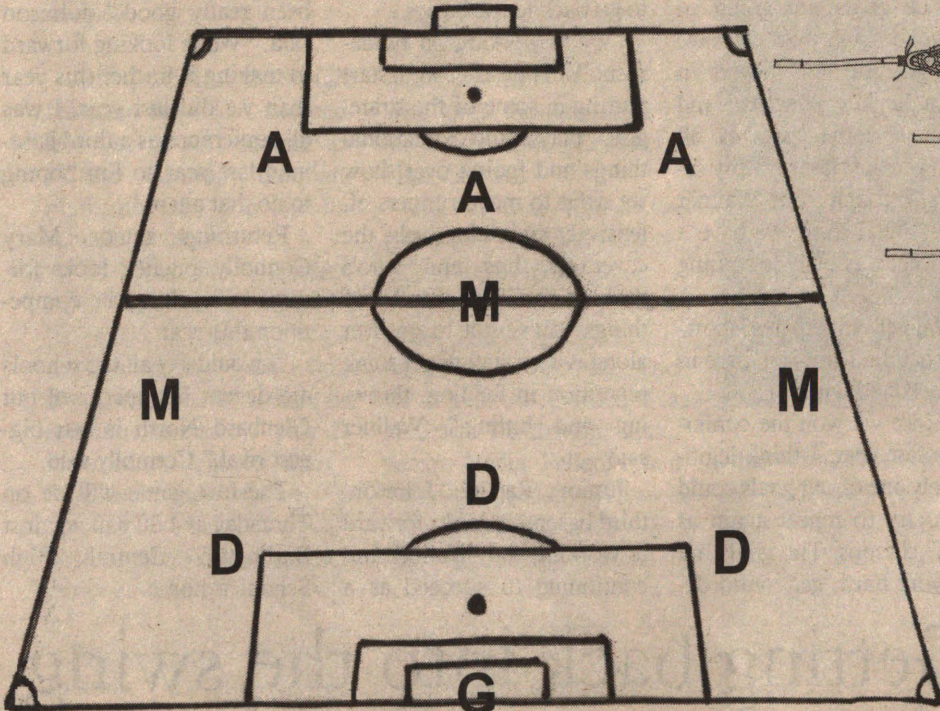
"Next year I hope I can make it as far and shoot better in the Queen of the Hill," Monroe said.

# LACROSSE

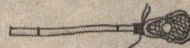


*Lacrosse: two 10-member teams attempt to send a ball into the other team's goal*

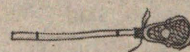
## The History



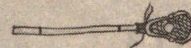
Lacrosse was created by Native Americans.



Initially, the game was played with 100 to 1,000 men on a 500 to a couple of miles yard field.

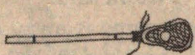


It was played as a religious ceremony to give thanks to gods.

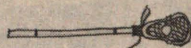


They would play for three to four days straight.

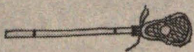
**A-Attackers M-Middies  
D-Defense G-Goalie**



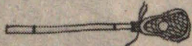
Middies cover the whole field, playing offense and defense.



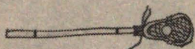
Defense plays with a long pole of usually 60 inches, earning the nickname "long polemen."



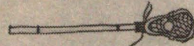
Attackmen are usually the goal scorers of the game and play most of the game.



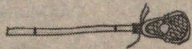
Only nine people plus the goalie play on each team.



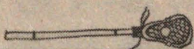
The athletes wear shoulder pads, elbow pads, a helmet, cleats, gloves, and a mouth guard.



Cradling is the twirling motion you may sometimes see; it is used to keep the ball in the center of the pocket.



You can only hit opponents with sticks in the chest.



You can either earn a 30-seconds, 1-minute, or 3-minute penalty. After a goal, the penalty is relieved. Some common penalties are push from behind, hit to the head, and slashing.

## The Terms

**PICKING CORNERS-** sniping the corners of the goal

**BENDER-** someone who is bad at lacrosse

**LETTUCE-** the hair that sticks out of the helmet

**RIPPING TIDE-** shooting around the net

**SPOONS-** lacrosse sticks

**TOP CHEDDAR-** top corners of goal

**5 HOLE-** scoring between the goalie's legs

**TILT-** the bend in the helmet

**MIDDIE-** midfielder

## The Team

By Helene Sankovitch  
Entertainment Editor

Varsity lacrosse is starting its season strong with 20 players and 11 returning seniors.

"This year should go really well; the coaches have high expectations after going 14-6 in 2010," head varsity coach Chris Conner said.

The team will play all but one home game on the football field.

"I think it's a pretty cool honor. It's nice to be recognized and to represent our school on the home field," senior Ben Vanderlei said.

"The one thing I look forward to the most every

year is the day of our first game. We work very hard for about a month and a half before the first game," Conner said.

The first varsity game is the Hoffman Estates tournament on Friday.

The first game is at 3 p.m.

"The seniors this year have, for the most part, been playing together for five years, making the core of our team very strong and

close-knit,"

senior Austin Barber said.



Photo by Carly Tubridy  
Senior Conor Zaputil gets ready for the season by passing with teammates.